Cardiac Telerehabilitation

Rehabilitation is a key factor for the overall outcome after cardiac events. Various stakeholders are involved in the different phases of rehabilitation. Cardiac tele-rehabilitation is expected to be a suitable add-on to current in-clinic and out-patient rehabilitation settings.

In this session, different ways to integrate telehealth in current rehabilitation settings will be presented.

Presentations:

- **Keynote Talk:**
  Tele-Rehabilitation at the PV, Project PV Reha-TRAIN
  Martin Skoumal, Pensionsversicherungsanstalt

- **Use of Digital Tools During Outpatient Cardiac Tele-Rehabilitation – Preliminary Results from the EPICURE Study**
  Dieter Hayn, AIT Austrian Institute of Technology & Ludwig Boltzmann Institute for Digital Health and Prevention

- **Digital Health Interventions for Behavior Change in Cardiac Rehabilitation**
  Daniela Wurhofer, Ludwig Boltzmann Institute for Digital Health and Prevention

- **Cardiac Rehabilitation at the HerzMobil Tirol**
  Bernhard Pfeifer, Landesinstitut für Integrierte Versorgung Tirol & UMIT Tyrol

Session Chairs:

- Josef Niebauer, Ludwig Boltzmann Institute for Digital Health and Prevention
- Dieter Hayn, Austrian Institute of Technology & Ludwig Boltzmann Institute for Digital Health and Prevention
Presenters

Marin Skoumal  
*Pensionsversicherungsanstalt*

Since 2016, Dr. Martin Skoumal is chief medical director at the Pensionsversicherungsanstalt (PVA). Following his trainings as a specialist in internal medicine and rheumatology, he worked at the RSKA Baden, Hanusch hospital and as medical director at the RZ Laab im Walde.

Josef Niebauer  
*Ludwig Boltzmann Institute for Digital Health and Prevention*

**Curriculum vitae**

Dieter Hayn  
*Austrian Institute of Technology & Ludwig Boltzmann Institute for Digital Health and Prevention*

Dieter Hayn is Senior Scientist at the AIT Austrian Institute of Technology and Co-Investigator at the Ludwig Boltzmann Institute for Digital Health and Prevention. His research interests include biosignal processing, data science, predictive modelling, machine learning, AI, privacy preserving research infrastructures and telehealth.

Daniela Wurhofer  
*Ludwig Boltzmann Institute for Digital Health and Prevention*

**Curriculum vitae**

Bernhard Pfeifer  
*Landesinstitut für Integrierte Versorgung Tirol*

Bernhard Pfeifer is professor for digitalization in healthcare and telemedicine at the UMIT Tyrol and head of the division for connecting health and telehealth at the Landesinstitut für Integrierte Verorgung Tirol.